

# News at Wardie



www.wardie.org.uk

March 2019

## LENTEN BALANCE



An archer once went through the forest. His path led him near a famous monastery. It belonged to a religious order that was known for its strict rules. The archer was surprised to see monks lying in the grass of the monastery gardens. The monks seemed

to enjoy the sun, the air was filled with laughter. The archer was upset at what he saw. "How hypocritical", he said under his breath. "They say that discipline is of utmost importance in life and here they are, lazing around and wasting their time doing nothing." When a senior monk heard the archer, he went over to him, asking: "Tell me, if you were to shoot your bow, releasing one hundred arrows, one after the other, what would happen to your bow?" "My bow would break", the archer replied.

"If someone overstretches his powers, the will of that person will eventually break like a bow", the monk explained, "whoever does not find the balance between work and recreation, will lose their enthusiasm and will never reach far."

Lent is often associated with fasting, confessing one's sins and in general having a pretty miserable time. But there is another side to Lent, which is also described as the springtime of the church. Spring is a time full of energy when everything in nature comes alive. Lent, too, is meant to be a time of growth and of coming alive with new energy. Lent encourages us to go in search of the kind of energy that can make even the desert rejoice and blossom, as Isaiah tells it (35: 1), and produce new sources of refreshment.

One way of finding our balance is to retreat, to take a step back from our usual activities. Are we like an archer who risks breaking his bow or are we like the monks who have the courage to take time out and recalibrate?

This year, there are two retreat programmes on offer. You can join a day retreat organised by the Ecumenical Council of Churches for Trinity and Goldenacre. Or, if you are looking for something to keep you going every day, we invite you to join in a Lenten retreat from Ash Wednesday (6th March) to Easter (21st April) (*see adverts, right*).

You need no previous knowledge, only the willingness to set aside 15 minutes each day (or more if you have the time) and join a group of people who come together for a weekly meeting of an hour with others doing the retreat. If you are interested, please contact me or Lynn Mackenzie for more information. You can also take part in this retreat online without taking part in weekly meetings.

Whatever helps us to deepen our faith, whatever gives us new energy, is the kind of Lenten balance worth seeking.

*Ute*

## Walking Together With Jesus Lent Retreat 2019

*Deepen your prayer life through Lent with scripture reflections and resources, and discover different ways of praying.*

No previous knowledge necessary, open to all!

Register at [churchoffice@wardie.org.uk](mailto:churchoffice@wardie.org.uk)

during February to join a group

or if you want to do the retreat online

**[www.pathwaystogod.org](http://www.pathwaystogod.org)**

For more information, please speak to:

**Rev. Ute Jaeger-Fleming or Lynn Mackenzie**

*(contact details via the church office)*



## Churches Together in Trinity and Goldenacre Will you come and follow me?

*Ecumenical Quiet Day, Saturday March 16th, 10am-3pm  
Inverleith St Serfs Halls and Church (Clark Rd entrance)*

**Have you ever considered Jesus's invitation  
to come and walk with Him?**

This Quiet Day offers a mixture of led meditations and reflections and also time for personal prayer and contemplation through a variety of stations and spaces.

Tea/coffee and a simple lunch will be provided.  
There is no cost for the day, but donations are welcome.

Contact Barbara Purdie for more information:

**[barbarapurdie18@gmail.com](mailto:barbarapurdie18@gmail.com)**

# News at Wardie, March 2019

## The Newsletter of Wardie Parish Church

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*News at Wardie can be received by post, at a cost of £7.50 a year. Apply to the church office*

### Edinburgh Street Pastors – feet on the streets



**Listening, helping and caring on the streets of Edinburgh since 2009**

Last year I trained to be a Street Pastor. I have always loved the Letter from James – we even chose James to be the reading at our wedding! – and the call to put faith in to action and I felt the need to explore whether I had what it took to be one of the volunteer pastors who patrol the city streets in the wee small hours.

Edinburgh Street Pastors was set up in 2009. We are a group of Christians who are trained to respond to the issues which arise during the night time economy. Edinburgh is a very different place at night and Street Pastors can be found every Friday and alternate Saturday nights between the hours of 11pm and 4am responding to the needs of the homeless, to clubbers or pub goers who have taken drink or drugs, to those with mental health issues and to vulnerable youngsters, to tourists and visitors to our city. We do not judge; we listen, care and help. And we seek to extend the grace and compassion of Christ to those in need.

Becoming part of the Street Pastor community has been a privilege and I have found such joy in getting to know my fellow volunteers – we come from diverse backgrounds and many different denominations but are as one in believing that Christ's love is needed on the streets of our city.

It is important to Street Pastors to be supported in prayer. We pray a lot. We begin and end our shifts with prayer, we pray on the streets with people if they want us to and we welcome the prayers of our home churches to support our work. I would be very grateful if members of Wardie would keep Edinburgh Street Pastors and our work in Christ's name in their prayers.

And finally! We are always looking for more volunteers from our city's churches – if you think you may want to explore this opportunity to serve, please seek me out after a Sunday service and I will be happy to give you more information.

*Lynne Liddall*

### Prayer Corner

*Lord Jesus Christ, who came to seek and to save the lost, we pray for the ministry of your Street Pastors. Enable them to be your hands and your feet, your eyes and your heart and guide them as you will. Protect and encourage them as they seek to serve you.*

*For those who find themselves alone or lonely on the streets of our city; for those who are vulnerable or bruised or hurting; for those who are ashamed and who have lost hope, may they find warmth in your presence and healing in the knowledge of your unconditional love.* Amen

### Book Corner

Sue Lawrence's third novel, 'Down to the Sea', is set in Newhaven, and like her first two novels moves between the 19th century and more recent times, with the connection between the two timeframes skilfully woven together and only finally revealed at the end of the book. The novel combines mystery, human interest and a beautifully created sense of place. There is even a reference to 19th-century Wardie Church ladies who bring pots of nourishing soup down to 'Wardie House' – at that time a poorhouse in Laverockbank Road. In the 20th century, 'Wardie House' becomes a high-class care home and you will enjoy the depictions of the owners, residents and carers. It's a great read!

*Christine Shepherd*


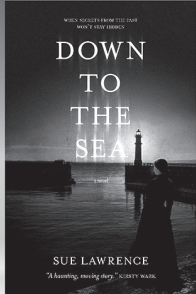
LOCAL AUTHOR

## Sue Lawrence

will be in store answering your questions and signing copies of her captivating historical mystery

SET IN NEWHAVEN HARBOUR

### DOWN TO THE SEA



Saturday  
16<sup>th</sup> March  
12:00 to 2:00 pm

"A haunting, moving story." KIRSTY WARK

FREE! Please come in and meet the author while she's here

Waterstones

Ocean Terminal Shopping Centre, Edinburgh EH6 6JJ

## WARDIE GUILD

On **6th March** we will have a talk entitled “**I Lost My Heart in Heidelberg**” when Ute, who was a student there from 1983, will take us on a tour through the town of 150,000 inhabitants (a quarter of them students) and show us some memorable places. Heidelberg University was founded in 1386 and is Germany’s oldest university. It is sure to be an interesting morning.

We will have a visit from Roy Johnstone on **20th March** when we will hear about **Women Pilots of WWII: Spitfire Women**.

Please make a note in your diaries for **3rd April** which is our **Spring Sale & Coffee Morning** in aid of our projects. The time is 10am til 12 noon and tickets are £2.50, which include tea, coffee, juice and biscuits. We will have the usual stalls of Bric-a-Brac, Baking and Produce, Books & CDs, Toys, Plants, and Quizzes. Donations of Books and CDs can be given to Margaret Donaldson, Baking/Produce and Plants (indoor and outdoor) to Susan Dyer, Bric-a-Brac and Toys to Anne Wright. Have a good look around your house and see what you can find that you don’t need and someone else might like! Think of the lovely things you can bake or jams/chutneys that you can make! It may seem a long time til 3rd April but time flies very quickly! Looking forward to seeing you all at the sale. Everyone is welcome, whether 3 or 103! *Wendy Sodergren*



### Wardie Walkers

**Wednesday, 13th March**  
**Vogie Country Park**

Meet at Clark Road cycle path entrance at 10.00 a.m. for car share. Bring warm clothes, stout shoes and a packed lunch if desired.

Contact Rosemary Philip.

## OPEN DOOR at WARDIE PARISH CHURCH

Open Door is having a theatre outing on Thursday 7th March to see ‘My Fair Lady’ performed by Southern Light Opera at the King’s Theatre. Tickets are £21 – there are very few left – but if anyone is interested in joining please contact Christine Petrie [petriechristine@hotmail.com](mailto:petriechristine@hotmail.com)

## Calling all those with Wardie memories!

**Do you have memories of the Wardie/Trinity of many years ago?**

If so, our children and young people would love to interview you. The results would be used in a display on the first day of the Gala in August. If you’re interested in being interviewed, please contact [news@wardie.org.uk](mailto:news@wardie.org.uk)

## Care Home Services

On the third Tuesday of each month Ute takes a short service in the two care homes in our parish – Lennox House at 11.30 and Laverock House at 12.15. Staff at the homes would welcome Wardie members coming along and sitting with the residents, helping them find the hymns, chatting to them before and after the service etc. If anyone feels they would like to be part of this pastoral outreach please contact [pastoral@wardie.org.uk](mailto:pastoral@wardie.org.uk) or **Christine Shepherd**. There would be no commitment to visiting beyond attendance at these services.

## Council of Churches in Trinity and Goldenacre

We were delighted to welcome Margaret Donaldson to the group at the meeting on 17th January. We had an ecumenical service at Inverleith St Serfs church on 20th January which was well attended. It was lovely to be in such a full church with a chance to celebrate the Week of Prayer for Christian Unity in such a meaningful way. We decided on the activities for Lent and Holy Week. Please read about the **Quiet Day on 16th March** on the front page.

The details of the services for Holy Week will be intimated in church and in the Trinity Spotlight.

*Barbara Purdie*

## Traidcraft

Thank you very much to everyone who supported the stall last year and who helped to make my first year of running it so successful.

I am pleased to say that our sales totalled £3,472 for the year to 31st December 2018. From this I have been able to make donations of £150 to Wardie Church and £150 (part of which was matched by the Government) to Traidcraft Exchange, supporting workers in developing communities. It was a challenging year for Traidcraft plc who have had to streamline their trading business and this has continued to lead to issues with stock. We are assured that these are being dealt with! In the meantime I know they are very grateful for the support they receive from communities like Wardie.

A big thank you also to all my very willing helpers – it has been lovely to get to know some of you better – and has made the Traidcraft mornings very enjoyable. If anyone else would like to help out occasionally, please do email me or find me in church or on the stall!  
*Sarah Boyd (sarahlboyd@gmail.com)*

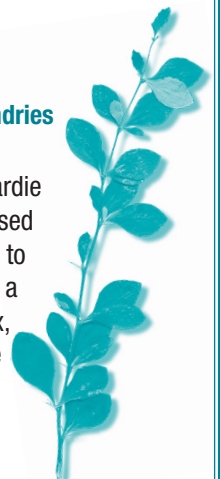
## Wardie Church Garden

Since autumn the Garden Group have been clearing the ground and changing the layout of the paving slabs. Now we are planning how to plant up the church garden in the spring. We hope that the congregation can help us to create an attractive outdoor space with a Mediterranean theme where people can come and relax. We already have some money from last year’s “Open Gardens” but we will need more. Contributions of all sizes will be most welcome. You could choose to add a note to earmark your donation for one or more of the following categories:

**Herbs**  
Larger shrubs  
Terracotta pots  
Top soil

**Plants for shade**  
Plants for sun  
Compost, pebbles & sundries  
Garden furniture

Cheques should be made payable to Wardie Church Garden, sealed in an envelope addressed to The Garden Treasurer and handed in to the Office or put in the collection plate on a Sunday, or you can give cash. If you pay tax, you can Gift Aid your donation and increase its value by 25%. Gift Aid forms are on the back of the leaflets available around the church.  
*Heather McHaffie*



## Worship at Wardie, March 2019

3rd	10.30am	“Hello Mr God”: Morning service for the Whole Church Family <i>Families with young children start with breakfast in the New Hall at 9.30am</i>
6th	8.30pm	Ash Wednesday Midweek Communion Service
10th	10.30am	Morning Service in Lent 1: God in Times of Suffering
13th	8.30pm	Midweek Communion
17th	10.30am	Morning Service in Lent 2: God in Times of Suffering
	3-5pm	Messy Church “Health and Healing”
20th	8.30pm	Midweek Communion
24th	10.30am	Morning Service in Lent 3: God in Times of Suffering <i>Traidcraft Stall after the service</i>
27th	8.30pm	Midweek Communion
31st	10.30am	Morning Service in Lent 4: God in Times of Suffering Mothering Sunday with Vivaldi’s Gloria

## Wardie Parish Church Lenten Sermon Series 2019: God in Times of Suffering

Lent is the season to ask tough questions of faith:

*Why is there suffering in this world?*

*Who is responsible for it and what is God doing when we suffer?*

*Does God cause suffering?*

On six Sundays throughout Lent we will approach different biblical texts with these and more questions in mind.

### Sunday Morning Service 10.30am

Lent 1	10th March	The Sacrifice of Abraham: Genesis 22 <i>Rev. Ute Jaeger-Fleming</i>
Lent 2	17th March	Rescued from Suffering: Isaiah 38 <i>Rev. Suzie Stark, Hospice Chaplain</i>
Lent 3	24th March	Voluntary Suffering: The Song of the Suffering Servant <i>Wardie Worship Team</i>
Lent 4	31st March	The Cost of Love: Mark 10: 32-45 <i>Rev. Colin Sinclair, Moderator Designate</i>
Lent 5	7th April	Suffering and Consolation: 2 Corinthians 1:3-11 <i>Rev. Dr. Kenneth Fleming</i>
Lent 6	14th April	Palm Sunday Suffering in the Company of Criminals: Luke 23: 32-49 <i>Rev. Ute Jaeger-Fleming</i>

## Fresh Start – Community Collection

A community collection of items for Fresh Start is being held on Saturday 30th March 2019, 3-5pm in the Main Hall. We need lots of volunteers to help with sorting the goods as they come in; Fresh Start now has to pay for all uplifts of discarded items apart from pots and pans, so it is important that only goods which can be passed on to Fresh Start’s clients are taken to the warehouse. Anyone willing to help on March 30th please contact Christine (cmshepherd@blueyonder.co.uk). It would also be helpful if people could volunteer to take away goods in their cars and deliver them to Fresh Start on Monday 1st April.

### “Music in Worship”: Could this be you?

We are looking for instrumentalists of any age who would like to contribute to our worship. This could take many forms, e.g. accompanying a hymn, playing a descant, or during the offering playing as a group or individually.

This would be on an occasional basis.

Music enhances the worship and we would like to feel that you could be part of it. If you are interested and feel comfortable doing this, please contact

**Margaret Donaldson  
or Alison Preston.**



## Prayer Resources for Lent

*Father, help me to see this holy season of Lent as a time of renewal, rather than a time of deprivation. Motivate me to reach a new level of experiencing your grace. Amen*

In this season, as we journey towards the cross, there are a number of resources to help us in our daily devotional life.

“The Art of Lent” by Sister Wendy Beckett, is in the same series as The Art of Advent and reflects on a painting a day from Ash Wednesday to Easter.

“Pilgrim journeys: Lent Pilgrim - The Beatitudes” by Stephen Croft is produced by the Church of England and provides us with 40 days of reflections for Lent 2019.

“Reconciliation” by Muthuraj Swamy is the Archbishop of Canterbury’s Lent book 2019. It explores, through daily meditations, both the positives of multiculturalism and the challenges of accepting difference. We are called to look at our role in conflict and violence, and to build relationships in our communities.

Please look out for new prayer resources in the sanctuary in March.

*Jane Scott*

### Some words about Lent from Pope Francis:

Fast from HURTING WORDS and say KIND WORDS

Fast from SADNESS and be filled with GRATITUDE

Fast from ANGER and be filled with PATIENCE

Fast from PESSIMISM and be filled with HOPE

Fast from WORRIES and TRUST IN GOD

Fast from COMPLAINTS and contemplate SIMPLICITY

Fast from PRESSURES and be PRAYERFUL

Fast from BITTERNESS and fill your heart with JOY

Fast from SELFISHNESS and be COMPASSIONATE to others

Fast from GRUDGES and be RECONCILED

Fast from WORDS and be SILENT so you can listen.

**ABSOLUTE DEADLINE for contributions for the April edition of News at Wardie: Sunday 17th March**

Please send contributions to Cathy Ballantine at news@wardie.org.uk

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