# News at Wardie



www.wardie.org.uk

September 2019

#### REGENERATION



...is the word that comes to my mind as I'm looking forward to one of the major events this August. According to estimates, around 1000 people passed through Lomond Park at the last Trinity Gala in 2017 and the hopes are that a similar number will take part this year. A gala, according to the dictionary, is the name given to "a

social occasion with special entertainments or performances" or "a special sports competition". I suppose the very popular dog competition ticks the sports box although when looking at our dog, the word "regeneration" comes into play.

Our Border Collie is beginning to show his age — and he's not the only one in the house. He will be 13 later this year. The days are gone when he could hardly wait for his early morning walk. Nowadays, it is we who have to insist that it's time to get up and going. This said, he still surprises us with the occasional bout of energy, when he puts on an air of youthfulness chasing cars as he used to many moons ago. It usually ends with him being grumpy before collapsing into deep sleep on return to the house and a sympathetic nod by his ageing owners that says "He thinks he's younger than he is". Don't we all overdo it from time to time, only to realise that it's time to take better care of our health? If only we could regenerate like some plants can.

This year's Gala service and many of the events hosted at Wardie Parish Church on the Saturday will run under the theme of "Health and Wellbeing". Don't miss out on the many taster sessions offered to keep our minds and bodies fit and balanced. Despite great efforts of the advertising industry, we all know that health is not something we can buy. Living with illness is part of the reality of our modern lives as much as it was at the time of Jesus when most people could not afford the services of a GP or hospital. To be healed was often synonymous with being allowed to join the community again and the end of isolation. It was great reason to rejoice. For those healed by Jesus, it must have truly felt like being regenerated, nothing short of receiving a new lease of life in the company of others.

There is much mileage in the biblical understanding of health and wellbeing. It is a far cry from our modern attempts and desire to be "forever young". When Jesus heals, he aims to restore a person's wholeness, which is always closely connected with giving them a role to play in the community. In July, we took some time to visit the Ecumenical Community of Taize which is known for its international meetings, bringing together people of all nationalities, Christian denominations and other faiths, encouraging dialogue between people who come from very different traditions and backgrounds.



While we were there, Dr. Sentamu, the current archbishop of York, was interviewed by a British newspaper. Among other things, he spoke of his plans for retirement when he reaches the age of 71 next June. The archbishop underwent several operations recently and while he believes that it is time to step down, he sums up the kind of regeneration even retirement can bring: "I say to my clergy that they are never retired, they are just re-tyred. They just get new treads on their soles. So I hope to be re-tyred!"

By the way, did you know that "Gala" may be derived from the French "galer", "make merry", linked to the Italian "vestito di gala", meaning "robe of state", or even the Arabic khil'a, denoting a "fine garment given as a presentation"?

In this sense, let's put on our Gala dresses and be regenerated this August, celebrating the life in our community here in Trinity in which we all have a role to play!

Ute



# **News at Wardie, September 2019**

#### The Newsletter of Wardie Parish Church

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#### **FRESH START**

Fresh Start is one of the local charities best known to members of Wardie Church. Fresh Start works in our local communities to support people coming out of homelessness.

Fresh Start runs "Hit Squads" – small groups of volunteers who arm themselves with paint brushes, rollers, paint (and plenty of wipes!) and go out to decorate one or two rooms in newly acquired accommodation for the previously homeless. It's amazing what a difference can be made in less than one full day!



Fresh Start also collects and sorts donations of household items and transforms them into "Starter Packs" — essential items for the newly housed to use to cook, eat, clean and rest. Behind the scenes at Ferry Road Drive teams of volunteers work on a rota basis to sort these items and prepare the packs for delivery to service users.

These and other services have been at the core of Fresh Start for 20 years. But, demand for their services is increasing, not decreasing. And many volunteers who have been working there for 10, 15, even 20 years are now 'retiring'. Members of this church are therefore asked to think about what they can do. Maybe you would like to join a starter pack sorting team? Maybe you would like to commit to joining a painting hit squad every month or so? If so, then please speak to Christine Shepherd, lan Davey or Chris Boston. Email churchoffice@wardie.org.uk for contact details.

## **Wardie Walkers**

On **Wednesday 18th September** our walk will take place on another section of the Forth to Farne Way. This will be led by Chris and Linda Boston.

We will meet at the Clark Road cycle path entrance at 10am for car share. Bring appropriate shoes and clothing and a packed lunch.



#### **GENTLE WALK: LAURISTON CASTLE**

Thirteen people joined in this visit to Lauriston Castle and Gardens, including the calm and peaceful Japanese Garden, many having never been before or not visited for a very long time. Everyone thoroughly enjoyed the guided tour from knowledgeable Eric, learning about the previous owners, the architecture, furniture and art, and seeing the fine collection of vases and ornaments made from Blue John, a semi precious mineral only found in Derbyshire. As a community group we were given free entry to the castle but the gardens are always free and open every day. Go and see for yourself!

Next Gentle Walk
Friday 6th September – Cramond
Contact Fiona Campbell for details:
fionacampbell28@gmail.com

## **WARDIE GUILD**

I am sure all the Guild members are getting excited about the start of the New Session and I would just like to say that all men and women are very welcome to join the Guild or to come to any meeting that interests them. We start at 10.15am with coffee followed by the meeting and finish by 12 noon.

Our first meeting is on **11th September** when we will celebrate Holy Communion with Ute, our minister.

**Guild Week is 8th to 15th September** and our Guild Service and Dedication is on **Sunday 15th at 10.30am** in the church.

On **25th September** we will welcome Pauline Robertson who will talk on 'A Chaplain for our Ports', one of our Guild Projects. Pauline was a Church of Scotland deacon for 13 years and the Sailors' Society appointed her as a chaplain with the Forth Estuary ports of Grangemouth, Leith, Rosyth, Braefoot and Hound Point. I am sure it will be a very interesting morning.

Looking forward to seeing you all soon!

Wendy Sodergren

## What makes a good worship space?

The Worship Team, under the terms of our Mission Statement, 'Building Relationships — Building Community' is conducting a needs analysis to establish what kind of worship space is best suited to the needs of our worshipping community, and is aware that the whole congregation needs to be involved in the process. We start with the understanding that change should only be considered where there are good arguable reasons for it. But Wardie has changed over the years — the alterations meeting the needs of the day — and there has never been an absolute, fixed model in the reformed church.

The team began by noting our own feelings about the present appearance and use of the sanctuary. We also recorded what first impressions we had from looking at the surroundings and furniture. Focusing on the principal parts of the interior, we considered their prominence and (traditional) purpose, and if they still meet that purpose. If not, what change or adjustment would be helpful?

The communion table: everyone ranked this first in importance. It has both crucial symbolism (the Last Supper) and practicality (serving communion) and deserves its centrality. The Bible is placed prominently, open, on it during worship. However, it is not much like a 'real' table, which was important to the reformers. It is difficult to move. Ministers can feel trapped behind it, cut off from the congregation – we noted that nearly all ministers come in front of the table to give the final blessing.

The pulpit: this commands the central position, which was the practice in the United Presbyterian tradition at Wardie's foundation, although not always in other C of S churches. The preaching of the Word is central to the reformed church, and usually the service would start with the Bible being ceremonially placed in the pulpit – ahead of the minister. This practice has largely died out, as has the use of the pulpit in Wardie at all, where it is only used very occasionally for the preaching of the sermon. It does have the merit of being visible from all parts of the church. It allows space for a changing textile visual focus, could be useful for dramatic presentations, or for a large floral arrangement.

**The lectern:** nicely carved and reasonably well placed. But not movable or height adaptable. It does not provide enough space for notes or reference books, necessary now as it is usually used for preaching as well as for giving notices, and reading the lessons.



**The font:** again nice carving, and symmetrically placed opposite the lectern. Despite its prominent position, and its central role in one of the only two sacraments of the C of S, it is probably hardly noticed in regular worship, except when there is a baptism – increasingly seldom these days. Its use as an occasional flower or Advent wreath stand is perhaps not appropriate.

The pews: they provide the greatest number of seats in the available space. However, congregations are much smaller now, and worshippers being spread out does not help a sense of community, or encourage enthusiastic singing. They were designed to focus on the 'action at the front', and make congregational communication and participation difficult. They encourage a largely passive audience. They are narrow and difficult to get into and, for many, uncomfortable when you do – increasingly relevant with ageing populations or those with mobility problems. It is not good that for such reasons people are obliged to sit at the back. They are inflexible, they dominate the use of the space, and seriously inhibit different styles of worship. We touched briefly on the roles and fitness of the organ/piano, the screens and the lighting, all areas which need to be explored further.

In beginning this process we have found much helpful information and guidance in the leaflet produced by CARTA (the Committee on Church Art and Architecture of the Church of Scotland) called Reordering Church Interiors: Space for a Living Church, and would recommend it to you. It is easily found on the C of S website. In any future developments we would consult closely with them.

The team, if approved by Kirk Session, plans to extend its work in conjunction with members from other teams, by identifying churches which have made alterations and visiting them to learn from their experiences — positives and negatives. If you have suggestions of places we might learn from, please tell us.

The Worship Team

#### One corner of a foreign field that is forever Scotland

The one I have in mind is the Scots Kirk in Paris. I love the international atmosphere whenever I go there. On my last visit in May I had a Namibian family, a woman from Colorado and a New Zealand couple sitting near me. There were other Africans and Americans and Scots too; the current minister is South African. The service was conducted not by the minister but by three young men: one Irish, one Scots from Inverness and a French student of Theology.

As a student in Paris (more than 50 years ago!) I used to go to the Scots country dancing there on Friday evenings, as my sister had done ten years earlier. The Friday evening tradition continues and still attracts local French people, ex-pats and visitors to Paris.

You may have read "The Tartan Pimpernel" by the Rev. Donald Caskie, who was the minister in Paris both before and after WW2. It tells of his involvement during the war in helping Allied soldiers escape from France. As he came from Islay, when he had to note important information, he did so in Gaelic, confident that no German he encountered would understand. Eventually arrested by the Gestapo and sentenced to death, Dr Caskie's life was saved only by the intervention of a German pastor. The book was published in 1957 but came out much more recently in paperback, and is available on Amazon.

The current building at 17 rue Bayard replaces an earlier one at the same address. It occupies the basement and ground floor on a very prestigious site, just off the Champs-Elysées and in the same street as both Dior and Ralph Lauren shops. If you ever have the chance to go there, you can be sure of a warm Scots welcome.

Rosemary Philip



#### TASTER SESSIONS

# Come along and try something new!

# Saturday 24th August Main Hall, Wardie Church

11.15-11.45 Zumba

12.15-12.45 Love Football

13.00–13.30 Trinity fitspace

13.45-14.15 Boogie Bounce

14.30–15.00 Screen use, posture

and healthy living

15.15-15.45 Pilates

# Smoothie bike sessions (Main Hall stage)

11.45-12.15

12.30-13.00

14.00-14.30

15.00-15.30



## **Gala news and notices**

#### **Baking stall**

Contributions to the baking stall on 25th August will be very welcome indeed. Please just bring them along on the day.



#### **Glass-related donations**

There will be a glass-themed tombola stall on 25th August. Any glass-related donations are very welcome. If you are able to donate any bottles (wine/beer etc), or jars (chutney, jam, sweets) please place them in the donations box at the front of the church. Alternatively, if you need us to collect donations from you, please email trinitycommunitygala@gmail.com. All funds raised will go towards the next phase of works to our church windows.

#### The Trinity Gala dog show is back!

You may think we're barking mad, but we're once again calling all canines for this year's infamous Trinity Gala dog show. There's a category for all – so whether yours has the Waggiest Tail, is the Cutest Puppy or you're the Best Six Legs in town, remember to bring your four legged friends to the Gala for some fun. Of course there will be a Best Dog and a Best Bitch and for the creative pups amongst you, how about entering our new category – the Best Decorated Lead – the possibilities are endless! Entrants can be registered from 12.15 onwards and can then be brought to the park by 14.50. It's all just a bit of fun.

See you there, woof, woof!



#### Photography competition

Remember to get your entries in to Wardie Church office by 16th August for the 'What Trinity Means to Me' photography competition, sponsored by Lomond Park Co Ltd. There are fab prizes up for grabs for the under 10s, 10–18 years and over 18s... it's quick and easy! For full details please visit www.wardie.org.uk

#### **Funds raised at the Gala**

Funds raised over the weekend go towards Wardie Parish Church (in recognition of their support given to the Gala), towards allowing the next Gala to happen and towards a third-party designated charity. The designated charity for this year's event is Bethany Christian Trust. We are so lucky to have local businesses supporting this event such as Porto & Fi who generously give all of their profit to Gala funds.

# What's on at Wardie Church 2019–2020

Group	Description	Day	Time		Contact	Phone/Email
Badminton	Friendship, relaxation, and keeping fit too!	Friday	10.30am		Elaine Mathers	551 3847
Banner Group	Creating with fabric. Sewing skills not essential	Varies	Varies	Varies	Susan Dyer	552 3774
Boogie Bounce	A fun mini-trampoline exercise class for adults	Monday Wednesday	7/8pm 7/8pm		Lindsey Scobie	07743 987918
Choir	Leads worship. Open to all who enjoy singing	Sunday	9.45am		Margaret Donal	dson 552 2991
Drama Studio	Dance and drama for young people 4-14	Friday	Afternoon		Julie McDonald	453 3284
4 Men	Opportunity for men to meet and chat			Quarterly	Grant Ballantine	e 07727 013040
Jen's Voice	Singing for adults	Tuesday/Frid	ay		Judith Gardner J	ones 07710 208355
Kidz@Wardie	For children 3+ to learn about Jesus and have fun	Sunday	10.30am		Mo Brand	551 3847
Manor School of Ballet	A variety of ballet, jazz and tap classes, pre-school onwards	Saturday	Morning		Claire Smith	347 2570
Network	For young people (S3 upwards) to explore faith	Sunday	8.15pm		Mo Brand	551 3847
Open Door	Wide variety of speakers and social activities	Monday	7.30pm	Monthly	Fiona Cooper	551 3383
Pilates	Improve flexibility, posture and core muscle strength	Monday	10.30/11.30 6.15/7.15pn		Susan Welsh	susan@livethe studio.com
Pilates plus Physio	Designed and led by physiotherapists	Tuesday	7pm		Tessa Santer	talk@pilatesplus physio.co.uk
Saturday Club	Youth club with food, for 10-13 year olds	Saturday	5pm	Monthly	Mo Brand	551 3847
Toddler Group	For children 0-3 and their carers	Thursday	10am/2pm		Susan Dyer	552 3774
Toddler Music Cafe	For children 0-3 and carers, coffee morning with music. Limited spaces, please book	Tuesday	10am		Mo Brand	551 3847
Wardie Guild	Varied and interesting programme	Wednesday	10.30am	Fortnightly	Maureen Kelly	476 2241
Wardie Ladies	Meet, talk and enjoy a drink. All ladies welcome!			Quarterly	Hilda Stewart	07712 486024
	Walking group. Bring waterproof clothes, a drink and a snack	Wednesday	1pm	Monthly	Linda and Douglas Coghil	552 6469
Youth Choir	For those aged 5-18 who love to sing	Sunday	9.45am		Alison Preston	551 1919
Zumba	Fitness and fun!	Saturday	9.00am		Suzanne Ebel	552 6105
Guide Moveme	nt					
Rainbows		Thursday	5.30pm		Anna Thomas	125arainbows@ gmail.com
Brownies		Tuesday	6pm		Erin Hickey	125awardie@ gmail.com
Brownies		Wednesday	6pm		Alison Hume	brownieswardie125 @hotmail.com
Guide Unit		Thursday	7pm		Isabella Childs	childs@blueyonder. co.uk
1st Edinburgh Northeast Scout Group						
Beavers		Friday	5.30pm		Ann Watson	551 4778
Cubs		Friday	6.30pm		Ann Watson	551 4778
Scouts		Friday	7.30pm		Ann Watson	551 4778

All activities are weekly during termtime, unless otherwise stated.

# **Worship at Wardie, September 2019**

Kidz@Wardie and Network are back

1st	10.30am	Morning Service	
4th	8.30pm	Midweek Communion	
8th	10.30am	Morning Service	
11th	10.30am	Guild Communion Service	
	8.30pm	Midweek Communion	
15th	10.30am	Morning Service with the Guild: "Companions on the Road"	
	3-5pm	Messy Church	
18th	8.30pm	Midweek Communion	
22nd	10.30am	Morning Service with Holy Communion	
25th	No Midweek Communion due to Kirk Session Meet		

#### Wanted!

Harvest Festival: "Sweeter than Honey"

29th

10.30am

# Food Donations for the Harvest Festival Service 29th September 2019, 10.30am



"How sweet are your words to my taste, sweeter than honey to my mouth!" (Ps 119)

This year, our harvest celebrations will be in praise of bees and the sweet harvest they bring in for us to enjoy.

If you would like to donate some of the fruit or vegetables from your garden or allotment or if you would like to donate other food items for display on the Communion Table, please contact the church office to arrange for a time when you can bring them to the church. Nothing will be wasted. All donations will be taken to a food bank to share with those who would go hungry otherwise.

With many thanks in advance, Ute

#### **Wardie Youth Choir**

Wardie Youth Choir meets on Sunday mornings in the New Hall, from 9.45am until 10.25am, and this year our autumn session will start on **Sunday 6th October**. Anyone of school age would be most welcome – just come along on the 6th. Our most important task this term is preparing for Christmas – it is always fun learning music for this very special time of year – but we will take part in some services before that, too. Everyone loves to hear the Youth Choir sing! I look forward to seeing everyone, old and new members, on 6th October.

Alison Preston

# September Retiring Offering: Children of Peace

In the Communion service on 22nd September, the beneficiary of the retiring offering will be "Children of Peace". Children of Peace was established in 2005 to offer a fresh non-partisan approach to conflict resolution in the Middle East. This is a UK-based charity that works with both Israeli and Palestinian children to build positive relationships for future generations — generations whose communities might live and work in peace, side by side.

Children of Peace is an independent charity and relies on the generosity of donations to keep its valuable work going. It receives income from no other sources.

Church and World especially likes this charity for three reasons. It works in the cradle of Christianity. It works with young people. And it recognises the power of engagement and relationship building with people you are not supposed to like!

We commend this charity to you and pray that you will give generously on Sunday 22nd September.

www.childrenofpeace.org.uk

## **Ladies' Fashion Exchange**



### A Fashion Exchange Evening will be held at 13 Lennox Row 7.00pm Thursday 19th September

Tickets £5 (includes wine/soft drink) on sale after church on September 1st, 8th and 15th, and from Margaret Robinson, 552 9512



Donations of clothing and accessories including handbags, hats and scarves welcome. Also jewellery, cosmetics and toiletries

ALL PROCEEDS TO WARDIE WINDOWS APPEAL Scottish Charity Number SC00871

ABSOLUTE DEADLINE for contributions for the October edition of News at Wardie: Sunday 15th September.

Please send contributions to Cathy Ballantine at news@wardie.org.uk